

HOPE CENTRE CLUBHOUSE - Alberton

Hope Centre Clubhouse offers skill development opportunities and support to its members through their involvement in three main components of the clubhouse:

- Member Services
- Career Development
- Housekeeping/ Kitchen

Member Services

Provides pre-employment training opportunities to aid in the development of transferable skills and to create opportunities for social activities among members.

Activities include:

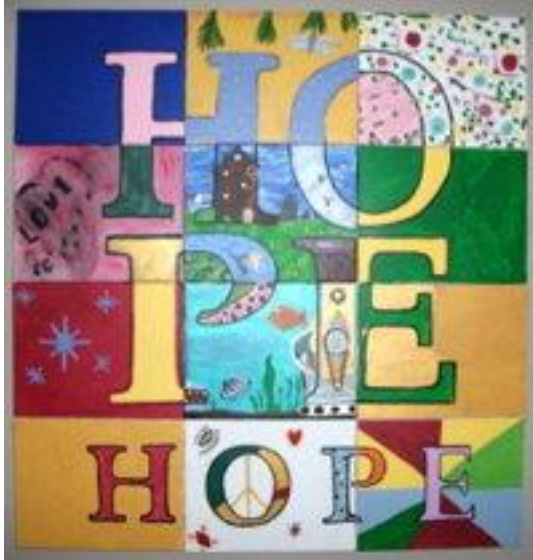


- Member Advocacy (dental, medical, housing, financial, etc.)
- Newsletter and Flyer Production
- Statistics and Research
- Reachout
- Reception/Orientation
- Planning Social Outings
- Fundraising for Clubhouse Needs

Clubhouse has become like family to me.” – Clubhouse Member

Members of Hope Centre Clubhouse are encouraged to develop personalized education and employment plans. Members are supported in pursuing part-time, full-time, transitional and self-employment opportunities to meet their individual needs.

Supports and services offered by Career Development include:



- Employment Counselling
- Job Search and Resume Assistance
- Transitional Employment Placements
- Education and Literacy Supports
- Skills Training and Volunteer Placements
- Ongoing Assistance while Working and Studying
- Pre-employment Skills Development
- Sessions on Self-esteem, Communication, Stress, Coping Skills, Managing Your Illness, etc.

Housekeeping/Kitchen

Housekeeping/Kitchen unit assists members in the development of household and service industry related skills, which include:



- Cooking, Nutrition and Menu Planning
- Budgeting and Shopping
- Cash Register and Canteen Duties
- Bank Deposits and Balancing
- General Household Maintenance
- Plant Care and Landscaping

Monday to Friday, members have an opportunity to assist with preparing, cooking and serving lunch. Lunch is available to all members, staff and volunteers for \$2 a meal.



Throughout the year, special meals are held for members and

occasionally for members and their families. Special meals are usually prepared for Thanksgiving, Christmas and Easter.

Contact Information

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