

Addictions Group

Alcoholics Anonymous Groups *Island Wide*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from alcoholism.

Group are available across the Island. Dates and times vary.

For more information, call the information line at 1-902-892-2103 or 1-902-969-5772 (Montague)

Addictions Awareness *Charlottetown*

A next level 12 step spiritual based healing group for people who suffer with trauma and addiction

Every Thursday, 7:45 p.m.

For more information, email addictionsawareness2030@gmail.com

Gamblers Anonymous *Alberton*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem.

Every Thursday, 8:00 p.m. @ Community Centre Boardroom (1 College St.)

For more information, visit the website at gamblersanonymous.org/ga/addresses

Gamblers Anonymous *Summerside*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem.

Every Wednesday, 8:00 p.m. @ Trinity United Church (90 Spring St.)

For more information, visit the website at gamblersanonymous.org

LifeRing Secular Recovery *Charlottetown*

A peer-support group for people seeking or in recovery from addiction, based on the principles of secularity, sobriety, and self-help

Every Sunday evening, 6:30 p.m. – 7:30 p.m. @ the Canadian Mental Health Association, PEI Division (178 Fitzroy St.)

For more information, email the group leader at liferingcharlottetown@gmail.com

Narcotics Anonymous *Island Wide*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from narcotic misuse or abuse.

Group are available across the Island. Dates and times vary.

For more information, call the information line at 1-800-205-8402 or visit their website at carna.ca

Overcomers Outreach *Charlottetown*

A 12 step spiritual group for those with addictions

Every Tuesday, 6:30 p.m. @ Calvary Church (9 Capital Dr.)

For more information, contact the group leaders at 902-367-2907

Note that this group does not meet in July and August

Overcomers Outreach *Charlottetown*

A 12 step spiritual group for those with addictions
Every Saturday, 1:00 p.m. @ Harvest House (243 University Ave.)
For more information, contact the group leaders at (902) 388-8416

Sexaholics Anonymous *Charlottetown*

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous

Every Thursday, 7:00 p.m.
For more information, contact the group leaders by calling 902-812-5563 or emailing sarecovery52@gmail.com or visit samaritimes.ca/meetings

Sexaholics Anonymous *Charlottetown*

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous

Every Saturday, 12:00 p.m.
For more information, contact the group leaders by calling 902-812-5563 or emailing sarecovery52@gmail.com

Sexaholics Anonymous *Summerside*

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous

Every Tuesday, 7:00 p.m.
For more information, contact the group leaders by calling 902-812-5563 or emailing sarecovery52@gmail.com

SMART Recovery Group *Charlottetown*

Self-Management and Recovery Training: Science (evidence) based recovery support meetings led by trained facilitators. Meetings that are centered around how to abstain from any type of addictive behaviours, including alcohol, drugs, and activities such as gambling.

Every Wednesday, 6:45 p.m. @ Central Christian Church (Basement, 223 Kent St.)
For more information, contact the group leaders by emailing smartrecoveryqueenspei@gmail.com or by calling or texting (902) 330-4357

SMART Recovery Group *Summerside*

Self-Management and Recovery Training: Science (evidence) based recovery support meetings led by trained facilitators. Meetings that are centered around how to abstain from any type of addictive behaviours, including alcohol, drugs, and activities such as gambling.

Every Monday, 7:00 p.m. @ Notre Dame Place (67 Duke St.)
For more information, contact the group leaders by emailing smartrecoveryqueenspei@gmail.com or by calling or texting (902) 330-4357