

## DOES HOUSING FIRST WORK?

Housing First has been shown  
to:

Increase housing stability

Improve quality of life

Improve health  
and addiction outcomes

Reduce involvement with the  
justice system, hospitalization  
and  
emergency visits.

Reduce costs associated with  
justice system and health  
expenditures

## WHERE ARE WE ?

My Place-Housing First works  
with clients in Charlottetown and  
Summerside

Our Offices can be found at:

### Charlottetown

178 Fitzroy St. Box  
785, Charlottetown, PE C1A 7L9  
Phone: 902-628-3663  
Fax: 902-566-4643

### Summerside

61 Duke St. Summerside,  
PE C1N 3R9  
Phone: 902-436-7399  
Fax: 902-436-2209

### Program Coordinator

Email: [j.macpherson@cmha.pe.ca](mailto:j.macpherson@cmha.pe.ca)

**Canada** 

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Homelessness Partnering Strategy

## MY PLACE - HOUSING FIRST



MY PLACE - HOUSING FIRST  
PEI's Response to Homelessness

PEI'S RESPONSE  
TO HOMELESSNESS



Canadian Mental  
Health Association  
Prince Edward Island  
*Mental health for all*

## WHAT IS HOUSING FIRST?

**Housing First** is a recovery-oriented approach to **ending homelessness**.

Centers on quickly moving people experiencing chronic homelessness into independent and permanent **housing** within the community.

Then providing additional **supports** and **services** as needed to help the individual move towards **self-sufficiency** and prevent those at imminent risk from becoming homeless.



## WHAT IS HOMELESSNESS?

### Chronically Homeless:

Experienced homelessness consistently for 6 or more months in the past year, or have had at least 4 homelessness occurrences over the past 3 years.

### Episodically Homeless:

Experienced at least 3 episodes of homelessness within the past year.

### Imminently Homeless:

Experiencing homelessness temporarily for a short period of time due to an uncontrollable or emergency situation.

## REFERRING PROCESS

### Accepting Referrals From:

Service Providers

Self Referrals

We welcome referrals meeting the following criteria

- **Currently experiencing Chronic or Episodic homelessness**
- **Requires the level of support provided by the program (Determined through a brief assessment)**

Referrals meeting the above criteria will be assessed further to determine their placement on our priority list



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