

## **ADDICTIONS GROUP**

### Alcoholics Anonymous Groups *Island Wide*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from alcoholism.

Group are available across the Island. Dates and times vary.

For more information, call the information line at 1-902-892-2103 or 1-902-969-5772 (Montague)

### Gamblers Anonymous *Summerside*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem.

Every Wednesday, 8:00 p.m. @ Trinity United Church (90 Spring St.). For more information, visit the website at [gamblersanonymous.org](http://gamblersanonymous.org)

### Gamblers Anonymous *Charlottetown*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem.

Every Tuesday & Thursday, 8:00 p.m. @ St. Pius Church (St. Peters Road). For more information, visit the website at [gamblersanonymous.org](http://gamblersanonymous.org)

### Gamblers Anonymous *Charlottetown*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem.

Every Saturday, 11:00am @ St. Pius Church (St. Peters Road). For more information, visit the website at [gamblersanonymous.org](http://gamblersanonymous.org)

### LifeRing Secular Recovery *Charlottetown*

A peer-support group for people seeking or in recovery from addiction, based on the principles of secularity, sobriety, and self-help.

Every Wednesday, 5:30-6:30 p.m. @ the Canadian Mental Health Association, PEI Division (178 Fitzroy St.). For more information, email the group leader at [liferingcharlottetown@gmail.com](mailto:liferingcharlottetown@gmail.com)

### Narcotics Anonymous *Island Wide*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from narcotic misuse or abuse.

Group are available across the Island. Dates and times vary.

For more information, call the information line at 1-800-205-8402 or visit their website at [carna.ca](http://carna.ca)

Overcomers Outreach **Charlottetown**

A 12-step spiritual group for those with addictions.

Every Monday, 6:30 p.m. @ Calvary Church (9 Capital Dr.). For more information, contact the group leaders at 902-367-2907

\*\*Note that this group does not meet in July and August

Sexaholics Anonymous **Charlottetown**

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous

Every Thursday, 7:00 p.m. For more information, contact the group leaders by calling 902-812-5563 or emailing [sarecovery52@gmail.com](mailto:sarecovery52@gmail.com) or visit [samaritimes.ca/meetings](http://samaritimes.ca/meetings)

Sexaholics Anonymous **Charlottetown**

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous.

Every Saturday, 12:00 p.m. For more information, contact the group leaders by calling 902-812-5563 or emailing [sarecovery52@gmail.com](mailto:sarecovery52@gmail.com)

SMART Recovery Group **Charlottetown**

Self-Management and Recovery Training: Science (evidence) based recovery support meetings led by trained facilitators. Meetings that are centered around how to abstain from any type of addictive behaviours, including alcohol, drugs, and activities such as gambling.

Every Wednesday, 6:45 p.m. @ Central Christian Church (Basement, 223 Kent St.).

For more information, contact the group leaders by emailing

[smartrecoveryqueenspei@gmail.com](mailto:smartrecoveryqueenspei@gmail.com) or by calling or texting (902) 330-4357

SMART Recovery Group **Summerside**

Self-Management and Recovery Training: Science (evidence) based recovery support meetings led by trained facilitators. Meetings that are centered around how to abstain from any type of addictive behaviours, including alcohol, drugs, and activities such as gambling.

Every Monday, 7:00 p.m. @ Notre Dame Place (67 Duke St.). For more information, contact the group leaders by emailing [smartrecoveryqueenspei@gmail.com](mailto:smartrecoveryqueenspei@gmail.com) or by calling or texting (902) 330-4357