

PHYSICAL HEALTH

Brain Injury Support Group **Charlottetown**

A support group open to anyone with any type of brain injury, via TBI, stroke, car accident, etc. 2nd and 4th Tuesday of every month, 2:00 p.m. @ Jack Blanchard Hall (7 Pond St.).

For more information, call the group leader at (902) 314-4228 or email simonmick@gmail.com

Breast Cancer Support Group **Charlottetown**

A support group for individuals who have or have had a breast cancer diagnosis

1st Monday of every month, 11:30 a.m. (January 2020 – March 2020) Contact for location

1st Monday of every month, 7:00 p.m. (April 2020 – May 2020 & September 2020 – November 2020) @ 40 Woodlawn Dr.

The group gathers for dinner in June and December. Contact for the location.

For more information, call Judy at (902) 569-3496 or email

charlottetownbreastcancersg@gmail.com

**Note that this group does not meet in July or August.

**Note that if a meeting falls on a holiday, the meeting will be held the following Monday

Multiple Sclerosis Support Group **Charlottetown**

"MS Drop-In" - An informal time of sharing for anyone living with MS.

1st Wednesday of every month, 1:30 p.m. @ Atlantic Superstore Community Room (465 University Ave).

For more information, contact Jeanne at 902-675-2224 or jeannemac@hotmail.com

**Note this group does not meet in January

Multiple Sclerosis Support Group **Charlottetown**

"Together Strong" - an evening spent with others living with MS. This could include speakers, demonstrations, discussions, or entertainment.

3rd Wednesday of every month, 7:00 p.m. @ Brecken House (Prince Edward Home, 75 Maypoint Rd).

For more information, contact Jeanne at 902-675-2224 or jeannemac@hotmail.com

**Note this group does not meet in July, August or December

Ostomy Peer Support Group **Charlottetown**

A support group for individuals with an ostomy.

Last Tuesday of every month, 7:00 p.m. to 8:30 p.m. @ Murphy's Community Centre (200 Richmond St.).

For more information, contact the group leaders at 902-566-1459

**Note this group does not meet in July

PEI Parkinson **Charlottetown**

A support group for anyone impacted by Parkinson. The group is very informal and relaxed. Great discussions take place with occasional guest speakers.

1st Thursday of every month, 2:00 p.m. @ Trinity United Church (220 Richmond St.)
For more information, contact the group leaders at 902-368-8329 or 902-892-7998
**Note this group does not meet in July, August, or September

Parkinson Support Group **Montague**

A support group for anyone impacted by Parkinson. Last Tuesday of every month at the Kings County Memorial Hospital, beginning with a light meal at 5:15 and meeting beginning at 5:45. For further information contact leader For further information contact leader at patdutsy@pei.sympatico.ca.

Prostate Cancer Support Group **Charlottetown**

A support and information group for individuals, and their significant others, that have experienced prostate cancer.
3rd Wednesday of every month, 7:00 p.m. @ Cox & Palmer Law Office (97 Queen Street, 6th floor).
For more information, contact Ron Profit at 902-626-9922.
**Note this group only meets between September and May.

Stage Four Cancer Support Group **Charlottetown**

A support meeting for people with stage four to share their story, listen, and support each other on this path.
3rd Saturday of every month, 10:30 a.m. @ St. Paul's Church Hall (101 Prince St., Richmond Street Entrance)
For more information, contact the group leader Noreen (902) 940-7250