

**Workshop Dates:**  
**March 23-24, 2021**  
**8:30 AM to 4:30 PM daily**

**Location:**

Murchison Center (17 St. Pius X Ave.)  
Behind the Irving on St. Peters Rd.  
Charlottetown, PE

**Cost:**

\$200.00 for the two-day workshop

- includes materials & nutritional breaks
- lunch is on your own (12-1 pm)

**Registration:**

Due to limited space we cannot reserve seating. Seats will be confirmed on a first come first served basis, upon registration with payment. To register, please complete the registration form below and send it with your check or money order to:

CMHA/PEI Division  
P.O. Box 785  
178 Fitzroy Street  
Charlottetown, PE C1A 7L9

- \* **Payment must accompany registration form to secure seat(s).**
- \* **Sorry, no refunds.**
- \* **Credit/debit card payments may be made through our Ch'town office in-person or by phone (566-3034).**
- \* **If registering after Mar. 1, please phone about space availability.**
- \* **Receipts will be available on the first day of training.**

For further information contact CMHA at...  
Phone: (902) 902-566-3034  
suicideprevention@cmha.pe.ca  
[www.pei.cmha.ca](http://www.pei.cmha.ca)



# ASIST Workshop

## Applied Suicide Intervention Skills Training; Edition 11.1

The Canadian Mental Health Association/PEI Division (CMHA/PEI) is hosting a 2-day **Applied Suicide Intervention Skills Training (ASIST) Workshop** for community caregivers.

The emphasis of the ASIST Workshop is on suicide first-aid; on helping a person at risk to stay safe and then to seek further help. With this in mind, participants learn to recognize opportunities for help, to reach out and offer support and to apply the 'pathways for assisting life' model, linking a person-at-risk to the appropriate resources. Participants' feedback indicates that the workshop increases caregivers' knowledge, comfort level and confidence in responding to a person at risk of suicide.

ASIST participants often include; workers from health, social services and justice, school counselors, teachers, clergy, mental health practitioners, emergency personnel and people concerned about family or friends. The workshop includes interactive learning techniques, DVD learning aids and skills practice. Upon completion, participants receive a certificate for 15 accredited hours of ASIST training.



Canadian Mental  
Health Association  
Prince Edward Island

### ASIST Registration Form: March 23-24, 2021 (Payment to accompany registration)

Name (for Certificate): \_\_\_\_\_

Occupation: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_