

ADDICTIONS & SUBSTANCE USE GROUPS - 2021

Alcoholics Anonymous Groups *Island Wide*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from alcoholism.

Group are available across the Island. Dates and times vary.

For more information, call the information line at 1-902-892-2103 or 1-902-969-5772 (Montague)

Narcotics Anonymous *Island Wide*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from narcotic misuse or abuse.

Group are available across the Island. Dates and times vary.

For more information, call the information line at 1-800-205-8402 or visit their website at carna.ca

Gamblers Anonymous *Island Wide*

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem.

Groups are available across the Island. Dates and times vary.

For more information, visit the website at gamblersanonymous.org under the International Meetings tab

Overcomers Outreach *Charlottetown*

A 12-step spiritual group for those with addictions.

Every Tuesday, 6:30 p.m. @ Calvary Church (9 Capital Dr.).

For more information, contact the group leaders at 902-367-2907

**Note that this group does not meet in July and August

Sexaholics Anonymous **Charlottetown**

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous

Every Thursday, 7:00 p.m.

For more information, contact the group leaders by calling 902-812- 5563 or emailing sarecovery52@gmail.com or visit samaritimes.ca/meetings

Sexaholics Anonymous **Summerside**

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous.

Every Tuesday, 7:00 p.m.

For more information, contact the group leaders by calling 902-812- 5563 or emailing sarecovery52@gmail.com

SMART Recovery Group **Charlottetown**

Self-Management and Recovery Training: Science (evidence) based recovery support meetings led by trained facilitators. Meetings that are centered around how to abstain from any type of addictive behaviours, including alcohol, drugs, and activities such as gambling.

Online support and Zoom meetings available at smartrecoverytoronto.com.

For more information, contact the group leaders by emailing smartrecoveryqueenspei@gmail.com or by calling or texting (902) 330-4357