

PHYSICAL HEALTH GROUPS - 2021

Brain Injury Support Group **Charlottetown**

A support group open to anyone with any type of brain injury, via TBI, stroke, car accident, etc.

2nd and 4th Tuesday of every month, 2:00 p.m. @ Central Christian Church (223 Kent St)

For more information, call the group leader at (902) 314-4228 or email simonmick@gmail.com

Breast Cancer Support Group **Charlottetown**

A support group for individuals who has or have had a breast cancer diagnosis

1st Monday of every month, 2 p.m.

For more information, call Judy at (902) 569-3496 or visit peibcip.org

**Note that this group does not meet in July or August.

**Note that if a meeting falls on a holiday, the meeting will be held the following Monday

PEI MS Zoom Support Group **Online**

A support group for anyone living with MS

1st Thursday of the month, 11 a.m. on Zoom virtual platform.

For more information, contact Jeanne at 902-675-2224 or email jeannemac@hotmail.com

Ostomy Peer Support Group **Charlottetown**

A support group for individuals with an ostomy.

For more information, contact the group leaders at 902-566-1459

PEI Parkinson **Charlottetown**

A support group for anyone impacted by Parkinson. The group is very informal and relaxed. Great discussions take place with occasional guest speakers.

1st Thursday of every month, 2:00 p.m. via Zoom

For more information, contact the group leader at 902-368-8329 or email idoyle@eastlink.ca

**Note this group does not meet in July, August, or September

Parkinson Support Group **Montague**

A support group for anyone impacted by Parkinson.

Last Tuesday of every month.

For more information contact leader at patdutsy@pei.sympatico.ca.

Prostate Cancer Support Group **Charlottetown**

A support and information group for individuals, and their significant others, that have experienced prostate cancer.

For more information, contact Ron Profit at 902-892-2896.

Stage Four Cancer Support Group **Charlottetown**

A support meeting for people with stage four to share their story, listen, and support each other on this path.

3rd Saturday of every month, 10:30 a.m. @ St. Paul's Church Hall (101 Prince St., Richmond Street Entrance)

For more information, contact the group leader Noreen (902) 940-7250
