

**Workshop Date:**  
**November 30<sup>th</sup>, 2021**  
**8:30 AM to 4:00 PM**

**Location:**

Murchison Center (17 St. Pius X Ave.) Behind the Irving on St. Peters Rd.  
Charlottetown, PE

**Cost:**

\$150 for the one-day workshop

- includes materials & nutritional breaks
- lunch is on your own (12-1 pm)

**Registration:**

Due to limited space we cannot reserve seating. Seats will be confirmed on a first come first served basis, upon registration with payment. To register, please complete the registration form below and send it with your check or money order to:

CMHA/PEI Division  
P.O. Box 785  
178 Fitzroy Street Charlottetown, PE  
C1A 7L9

- \* **Payment must accompany registration form to secure seat(s).**
- \* **Credit/debit card payments may be made through our Ch'town office, in-person or by phone at 902-566-3034.**
- \* **If registering after Nov. 1 please phone about space availability.**
- \* **Receipts will be available on the day of training.**
- \* **Sorry, no refunds.**

For further information ...

Email: [suicideprevention@cmha.pe.ca](mailto:suicideprevention@cmha.pe.ca)

Phone: (902) 628-3669

[www.pei.cmha.ca](http://www.pei.cmha.ca)



# suicide to Hope

*aiding recovery and growth*

The Canadian Mental Health Association (CMHA/PEI) is hosting a 'suicide to Hope' (s2H) Workshop.

**suicide to Hope: A Recovery and Growth Workshop** is a one-day workshop designed for clinicians and other professional caregivers who work with persons recently at risk and currently safe from suicide. This work is on a longer-term basis and beyond the suicide first-aid emergency situation. s2H provides tools to help caregivers and persons with experiences of suicide to work together to develop achievable and significant recovery and growth goals.

**suicide to Hope (s2H)** assumes that participants already have some familiarity with suicide prevention and intervention techniques. LivingWorks' two-day ASIST workshop is recommended as one way to learn the suicide intervention skills that are necessary for using suicide to Hope's tools. The skills learned in the suicide to Hope workshop are designed to complement this existing knowledge and experience, and are applicable to caregivers in a wide variety of professional disciplines.

In preparation for s2H, participants will be asked to complete 2-3 hours of pre-reading – a link will be sent out prior to the workshop. Upon completion of s2H, participants receive a certificate for 8 accredited hours of suicide prevention training.



Canadian Mental  
Health Association  
Prince Edward Island



## 'Suicide to Hope' Registration – Nov. 30, 2021 (Payment must accompany registration)

Name (for Certificate): \_\_\_\_\_

Occupation: \_\_\_\_\_ Org: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Have you taken ASIST Training? Yes  No  Estimated date \_\_\_\_\_ Where \_\_\_\_\_