



**Canadian Mental
Health Association**
Prince Edward Island

Employment Opportunity Peer Support Program Peer Support Worker

The Canadian Mental Health Association (CMHA) is the nation-wide leader and champion for mental health. CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness.

The PEI Division of the Canadian Mental Health Association requires the services of a certified individuals to work as a Peer Support Worker at Queens, Kings, and some Prince County areas. Peer Support is a naturally occurring process where people who share a common experience meet as equals. Peer Support Work is the process of disclosing personal experience and recovery history to bring renewed hope, serve as a role model, and provide inspiration, support, and information to people who are going through similar situations.

This is a **four (4) Full-Time Employment (FTE) permanent position**. This positions will work at Queens, Kings, and with some travel to Prince County areas

No. of Vacancy: 4 Full -Time Employment (FTE) permanent position

Job Summary:

- Reports to Provincial Peer Support Coordinator and collaborates on implementing Peer Support Services in Prince Edward Island.
- Provides support to individuals with addiction and or mental illness regain control over their own lives and support them in their recovery process
- Provide one-on-one supports within a recovery-oriented delivery model
- Organize and offer groups for support, social, and educational purposes
- Build and maintain a strong network of community partners within the region for the purpose of collaborative care and referrals
- Assist with the CMHA PEI Learning, Training, & Support Hub offerings
- Develop and deliver presentations for community groups, businesses, and government partners at the request of the above mentioned organizations
- Work with the Recovery Supports team and the broader CMHA PEI organization on the development and implementation of provincial initiatives
- Maintain accurate records of all work within the region, including numbers and stories, that may be helpful in communicating the programs impact
- Maintains confidentiality of information

Requirements:

Education:

- Specialized Peer Support Training Certification
- Post Secondary Education would be considered an asset

Personal Suitability

- Have lived experience and received acute care treatment for a mental illness and/or addiction
- Currently in a well-established state of recovery (minimum of 2 years) and demonstrate overall wellness
- Must be comfortable disclosing personal experiences of mental illness and/or addictions to clients and professionals, both in one-on-one and group settings
- Holds a strong belief in the power of peer support and a commitment to the fidelity of the model
- Use or have used healthy coping strategies within own recovery
- Ability to recognize personal stressors and adopt proactive stress management skills

Key Skills and Abilities:

- Strong interpersonal and networking skills
- Ability to establish priorities and boundaries
- Attention to detail and accuracy
- An understanding and ability to work within a recovery-oriented program delivery model
- Sound knowledge of the social determinants of health
- Excellent verbal and written communication skills
- Demonstrated ability to be flexible in work assignments
- Excellent organizational skills and the ability to work independently and within a team environment
- Ability to make decisions with minimal supervision
- Highly motivated self-starter with the ability to multitask in a high-pressure environment
- Ability to input data using documentation software, electronic client files and evaluation tools
- Innovative with excellent problem-solving skills
- Knowledge of client support services and resources within the community
- Excellent assessment and crisis intervention skills
- Experience with and/or training as a peer support worker is an asset.
- Ability to work with a variety of clients, and in different work situations
- Ability to facilitate groups for social and educational purposes

Other Requirements

- Vehicle and valid driver's license required
- A satisfactory and current criminal records and vulnerable sector check
- CPR/First Aid
- Certified Peer Support Training

An asset to this position is a solid knowledge, sensitivity, and/or lived experience relating to the issues of mental health and addictions.

Other Assets:

Applied Suicide Intervention Skills Training (ASIST)

Hours of work: 37.5 hours per week. Some evening and weekend work maybe required

Location: Queens, Kings, and some travel in Prince County areas

Closing Date for Application: Monday, December 13, 2021 at 9 p.m. AST

Start Date: As soon as possible

Interested candidates should apply with their resume and cover letter by either mail or email to:

HR Coordinator

CMHA PEI Division

178 Fitzroy Street, P.O. Box 785,

Charlottetown, PE, C1A 7L9

Email: hr@cmha.pe.ca

(please indicate on subject line: 017 –PS Peer Support Worker)

CMHA is an equal opportunity employer. We celebrate diversity and are committed to creating an inclusive environment for all employees.

We thank all applicants who apply, however only those selected for an interview will be contacted.