

**Workshop Dates:**

February 8 & 9<sup>th</sup>, 2022

8:30 AM to 4:30 PM daily

**\*Storm dates are February 10 & 11th and you must be available to attend, if needed.**

**Location:**

Murchison Center (17 St. Pius X Ave.)  
Behind the Irving on St. Peters Rd.  
Charlottetown, PE

**Cost:**

\$200.00 for the two-day workshop

- includes materials & nutritional breaks
- lunch is on your own (12-1 pm)

**Registration:**

Seats will be confirmed on a first-come, first-served basis, upon registration with payment. To register, please complete the registration form below and send it with a check or money order to:

CMHA/PEI Division  
P.O. Box 785  
178 Fitzroy Street  
Charlottetown, PE C1A 7L9

- \* **Please email or phone about space availability in this workshop.**
- \* **Payment must accompany registration form to secure seat(s).**
- \* **Credit card and e-transfer payments can be made by calling 902-566-3034.**
- \* **Debit cards can be used in-person at the Ch'town office; 178 Fitzroy St**
- \* **Sorry, no refunds.**
- \* **Receipts will be available on the first day of training.**

For more information, contact us at;  
Phone: (902) 902-566-3034  
suicideprevention@cmha.pe.ca  
www.pei.cmha.ca



# ASIST Workshop

## Applied Suicide Intervention Skills Training; Edition 11.1

The Canadian Mental Health Association/PEI Division (CMHA/PEI) is hosting a 2-day **Applied Suicide Intervention Skills Training (ASIST) Workshop** for community caregivers.

The emphasis of the ASIST Workshop is on suicide first-aid; on helping a person at risk to stay safe and then to seek further help. With this in mind, participants learn to recognize opportunities for help, to reach out and offer support and to apply the 'pathways for assisting life' model, linking a person-at-risk to the appropriate resources. Participants' feedback indicates that the workshop increases caregivers' knowledge, comfort level and confidence in responding to a person at risk of suicide.

ASIST participants often include; workers from health, social services and justice, school counselors, teachers, clergy, mental health practitioners, emergency personnel and people concerned about family or friends. The workshop includes interactive learning techniques, DVD learning aids and skills practice. Upon completion, participants receive a certificate for 15 accredited hours of ASIST training.



Canadian Mental Health Association  
Prince Edward Island

**ASIST Registration: Feb. 8-9, 2022 (storm days 10-11th) Payment to accompany registration**

Name (for Certificate): \_\_\_\_\_

Occupation: \_\_\_\_\_ Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_