

Workshop Date:
May 31st, 2022
8:30 AM to 4 PM

Location:
Murchison Center (17 St. Pius X Ave.)
Charlottetown, PE

Cost:
\$150 for the one-day workshop

- includes materials & nutritional breaks
- lunch is on your own (12-1 pm)

Registration:
Seats will be confirmed on a first-come first-served basis, upon registration with payment. To register, please complete the registration form below and send it with your payment to:

CMHA/PEI Division
P.O. Box 785
178 Fitzroy Street
Charlottetown, PE C1A 7L9

- * **Payment must accompany registration form to secure seat(s)**
- * **Credit/debit card and e-transfer payments can be made through our Ch'town office, call 902-566-3034 or email division@cmha.pe.ca**
- * **If registering after May 16th please phone about space availability**
- * **Receipts will be available on the first day of training**
- * **Sorry, no refunds**

For further information contact:
CMHA's Suicide Prevention Coordinator
Phone: (902) 628-3669
suicideprevention@cmha.pe.ca
www.pei.cmha.ca



suicide to Hope

aiding recovery and growth

The Canadian Mental Health Association/PEI Division (CMHA/PEI) is hosting a 'suicide to Hope' (s2H) Workshop.

suicide to Hope: A Recovery and Growth Workshop is a one-day workshop designed for clinicians and other professional caregivers who work with persons recently at risk and currently safe from suicide. This work is on a longer-term basis and beyond the suicide first-aid emergency situation. s2H provides tools to help caregivers and persons with experiences of suicide to work together to develop achievable and significant recovery and growth goals.

suicide to Hope (s2H) assumes that participants already have some familiarity with suicide prevention and intervention techniques. LivingWorks' two-day ASIST workshop is recommended as one way to learn the suicide intervention skills that are necessary for using *suicide to Hope's* tools. The skills learned in the *suicide to Hope* workshop are designed to complement this existing knowledge and experience, and are applicable to caregivers in a wide variety of professional disciplines.

In preparation for s2H, participants will be asked to complete 2-3 hours of pre-reading – a link will be sent out prior to the workshop. Upon completion of s2H, participants receive a certificate for 8 accredited hours of suicide prevention training.



Canadian Mental
Health Association
Prince Edward Island



LivingWorks

'Suicide to Hope' Registration – May 31, 2022 (Payment to accompany registration)

Name (for Certificate): _____

Occupation: _____ Org: _____

Address: _____

Phone: _____ Cell: _____

Email: _____

Have you taken ASIST Training? Yes No Estimated date _____ Where _____