



**Canadian Mental
Health Association**
Prince Edward Island

**Employment Opportunity
Peer Support Program
Peer Support Worker**

The Canadian Mental Health Association (CMHA) is the nation-wide leader and champion for mental health. CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness.

The PEI Division of the Canadian Mental Health Association requires the services of a certified individuals to work as a Peer Support Worker at Prince County areas. Peer Support is a naturally occurring process where people who share a common experience meet as equals. Peer Support Work is the process of disclosing personal experience and recovery history to bring renewed hope, serve as a role model, and provide inspiration, support, and information to people who are going through similar situations.

The Peer Support Worker is responsible for delivering peer support programs, strategic initiatives and special projects, delivering specialized training, and supporting the co-development and co-delivery of education programs and courses that are client-focused, recovery-based, community-focused and stigma-reducing. The Peer Support Worker reports to the Peer Support Manager.

This is **two (2) Full-Time Employment (FTE) permanent position**. This position will work at Prince County areas (Summerside and Alberton)

No. of Vacancy: (2) Full-Time Employment (FTE) permanent position

Salary: 45, 084\$ - 51, 816\$ per year or 23.12\$ - 26.57\$ / hour 37.5 hours per week

Job Summary:

- Reporting and Team-Environment
 - Report directly to the Peer Support Manager
 - Participate in team meetings
 - Contribute to an inclusive, healthy, and safe team-oriented environment
 - Work with the Coordinator on the scheduling of activities (e.g., shared calendar, databases)
 - Assist in the daily operation of the office with administrative tasks
 - Perform other duties as required and work occasional weekends and evenings as needed
- One-on-One Supports
 - Provide one-on-one supports within a recovery-oriented delivery model and maintain up-to-date and confidential case notes
 - Meet regularly with the Coordinator to discuss case management
 - Support navigation and the intake process based on community and individual needs
 - Provide external navigation supports and advocate for client needs with clinicians and other service providers
 - Observe and conduct assessments of clients and identify and implement crisis intervention as appropriate
- Group Supports
 - Facilitate groups for support, social, and educational purposes
 - Facilitate and manage group dynamics and monitor individual and group needs

- Education and Training
 - Support the co-development of school-based programs and Recovery College programs, courses and materials
 - Deliver/co-deliver school-based education
 - Deliver/co-deliver education and training programs for communities and workplaces, and through the Recovery College
 - Deliver/co-deliver specialized training for caregivers and professionals as well as self-help/group programs
 - Support the development and implementation of new programs, special projects and strategic initiatives
 - Participate in training and certification to support the delivery of existing and new programs and courses
 - Provide peer support and referrals, where appropriate

Requirements:

Education:

- Specialized Peer Support Training Certification
- Post Secondary Education would be considered an asset

Personal Suitability

- Have lived experience and received acute care treatment for a mental illness and/or addiction
- Currently in a well-established state of recovery (minimum of 2 years) and demonstrate overall wellness
- Must be comfortable disclosing personal experiences of mental illness and/or addictions to clients and professionals, both in one-on-one and group settings
- Holds a strong belief in the power of peer support and a commitment to the fidelity of the model
- Use or have used healthy coping strategies within own recovery
- Ability to recognize personal stressors and adopt proactive stress management skills

Key Skills and Abilities:

- Strong interpersonal and networking skills
- Ability to establish priorities and boundaries
- Attention to detail and accuracy
- An understanding and ability to work within a recovery-oriented program delivery model
- Sound knowledge of the social determinants of health
- Excellent verbal and written communication skills
- Demonstrated ability to be flexible in work assignments
- Excellent organizational skills and the ability to work independently and within a team environment
- Ability to make decisions with minimal supervision
- Highly motivated self- starter with the ability to multitask in a high-pressure environment
- Ability to input data using documentation software, electronic client files and evaluation tools
- Innovative with excellent problem-solving skills
- Knowledge of client support services and resources within the community
- Excellent assessment and crisis intervention skills
- Experience with and/or training as a peer support worker is an asset.
- Ability to work with a variety of clients, and in different work situations
- Ability to facilitate groups for social and educational purposes

Other Requirements

- Vehicle and valid driver's license required
 - (Availability and flexibility to travel within the province on a regular basis)
- A satisfactory and current criminal records and vulnerable sector check
- CPR/First Aid
- Certified Peer Support Training

An asset to this position is a solid knowledge, sensitivity, and/or lived experience relating to the issues of mental health and addictions.

Other Assets: Applied Suicide Intervention Skills Training (ASIST), Mental Health First Aid, motivational interviewing, non-violent crisis intervention and the management of concurrent disorders

Closing Date for Application: This position will remain posted until the position is filled

Interested candidates should apply with their resume and covering letter by either mail or email to:

HR Coordinator

CMHA PEI Division

178 Fitzroy Street, P.O. Box 785,

Charlottetown, PE, C1A 7L9

Email: hr@cmha.pe.ca

(please indicate on subject line: 054 –PS Peer Support Worker)

CMHA is an equal opportunity employer. We celebrate diversity and are committed to creating an inclusive environment for all employees.

We thank all applicants who apply, however only those selected for an interview will be contacted.