

Addiction Support Groups

Alcoholics Anonymous Groups Island Wide

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from alcoholism. Groups are available across the Island. Dates and times vary.

For more information, call the information line at 1-902-892-2103 or 1-902-969-5772 (Montague)

Narcotics Anonymous Island Wide

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from narcotic misuse or abuse. Groups are available across the Island. Dates and times vary.

For more information, call the information line at 1-800-205-8402 or visit their website at carna.ca

Gamblers Anonymous Island Wide

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem. Groups are available across the Island. Dates and times vary.

For more information, visit the website at gamblersanonymous.org under the International Meetings tab

Sexaholics Anonymous Charlottetown

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous

Every Thursday, 7:00 p.m.

For more information, contact the group leaders by calling 902-812- 5563 or emailing sarecovery52@gmail.com or visit samaritimes.ca/meetings

Addiction Support Groups

Sexaholics Anonymous Summerside

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous.

Every Tuesday, 7:00 p.m.

For more information, contact the group leaders by calling 902-812- 5563 or emailing sarecovery52@gmail.com

SMART Recovery Group Charlottetown

Self-Management and Recovery Training: Science (evidence) based recovery support meetings led by trained facilitators. Meetings that are centered around how to abstain from any type of addictive behaviours, including alcohol, drugs, and activities such as gambling. Online support and Zoom meetings available at smartrecoverytoronto.com.

For more information, contact the group leaders by emailing smartrecoveryqueenspei@gmail.com or by calling or texting (902) 330-4357

For more information, contact the group members at 902-367-5310

The AA Secular 12-Step Group

This group meets on Thursdays at 6:30 p.m. at the Carriage House in Charlottetown, on the corner of Kent and West Streets, and it is a Discussion Group. We are no longer meeting on Wednesdays at Noon. Contact :

Regena Russell

Co-founder

902-218-2995