

# Addiction Support Groups

## **Alcoholics Anonymous Groups Island Wide**

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from alcoholism. Groups are available across the Island. Dates and times vary.

For more information, call the information line at 1-902-892-2103 or 1-902-969-5772 (Montague)

## **Narcotics Anonymous Island Wide**

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from narcotic misuse or abuse. Groups are available across the Island. Dates and times vary.

For more information, call the information line at 1-800-205-8402 or visit their website at [carna.ca](http://carna.ca)

## **Gamblers Anonymous Island Wide**

A group for people to share their experience, strength, and hope with each other so they may help themselves and others to recover from a gambling problem. Groups are available across the Island. Dates and times vary.

For more information, visit the website at [gamblersanonymous.org](http://gamblersanonymous.org) under the International Meetings tab

## **Sexaholics Anonymous Charlottetown**

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous

Every Thursday, 7:00 p.m.

For more information, contact the group leaders by calling 902-812- 5563 or emailing [sarecovery52@gmail.com](mailto:sarecovery52@gmail.com) or visit [samaritimes.ca/meetings](http://samaritimes.ca/meetings)

# Addiction Support Groups

## **Sexaholics Anonymous Summerside**

A group for recovery from porn and sexual addiction based on the principles of Alcoholics Anonymous.

Every Tuesday, 7:00 p.m.

For more information, contact the group leaders by calling 902-812- 5563 or emailing sarecovery52@gmail.com

## **SMART Recovery Group Charlottetown**

Self-Management and Recovery Training: Science (evidence) based recovery support meetings led by trained facilitators. Meetings that are centered around how to abstain from any type of addictive behaviours, including alcohol, drugs, and activities such as gambling. Online support and Zoom meetings available at [smartrecoverytoronto.com](http://smartrecoverytoronto.com).

For more information, contact the group leaders by emailing [smartrecoveryqueenspei@gmail.com](mailto:smartrecoveryqueenspei@gmail.com) or by calling or texting (902) 330-4357

For more information, contact the group members at 902-367-5310

## **The AA Secular 12-Step Group**

AA Secular 12 Step Group meets 6:30 p.m., at 2 Kent St., Charlottetown. Coffee and tea will be served. For more information, visit [AA.org](http://AA.org).

## **We Agnostics AA Group**

We Agnostics AA Group, meets at the Central Christian Church, 224 Kent St., Charlottetown, 6:30 p.m. For more information, contact Shannon, 902-626-6881.